## **JUST FOR TODAY!!**

(submitted by Janet Bennardo)

**Just for today,** I will live one day only and not try to solve the whole problem of life at once.

**Just for today,** I will be unafraid of life and death, unafraid to enjoy the beautiful and to be happy.

**Just for today,** I will adjust myself to what is, and not try to make everything over to suit me. If I cannot have what I like, I will try to like what I have.

**Just for today,** I will be agreeable, cheerful, charitable, praise people for what they do and not criticize them for what they cannot do. And if I find a fault with another, I will forgive it and forget it.

**Just for today,** I will have a plan. I may not follow it exactly, but I will have one. It will save me from worry, hurry and indecision.

**Just for today,** I will look at life with fresh eyes and discover the wonder of it. I will know that as I give to the world, so the world will give to me.

**Just for today,** I will not show it if my feelings are hurt.

**Just for today,** I will not try to improve or regulate anybody except myself.

**Just for today,** I will find time to relax and to realize what life is and can be, time to think about God, and get a better perspective on myself. Thank you, my God, for another today. Yesterday is already a dream, and tomorrow is only a vision, but today well likes makes every yesterday a dream of happiness and every tomorrow a vision of hope.

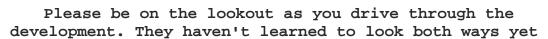


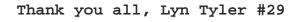
## Baby Animals

Hi, everyone!

Just a reminder that we have many baby animals in Foxwood this time of year, and we need to protect them.

Especially the deer!











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