



JUDY'S WATER BABIES



We had a very busy and active water aerobic season. Our attendance reached 26 when all were present. It was a pretty good summer weather-wise and I think we only missed one day. We not only exercised our bodies but our minds as well. Lot's of laughter and fun besides the hard work was always on the agenda. Thank you everyone for making the group the success that it was.

Our luncheon will be held on Friday, September 14th at 1:00 PM in the Clubhouse. I'm sure we will have wonderful food to eat as always. We will be going inside to the Clubhouse for exercise once the pool is closed or it is too cold, which ever one comes first. Everyone is welcome to join us. Exercise group will be held on Monday, Wednesday and Friday at 10:30 AM. All you need is some light hand weights and some comfortable clothes. Hope to see you all there!

Judy Engels #242

