Cook's Corner by Catherine Hannon (continued)

YOUR HOLIDAY WINE LIST

What to pour -- popular varietals and pairings

PINOT NOIR: CHARDONNAY: SA

Brie

Brie

Goat cheese

Turkey with mushroom Roast turkey

gravy Salmon
Baked ham Lobster
Creamy pasta dishes Peach cobbler

Cherry or peach pie PINOT GRIGIO:

CABERNET SAUVIGNON:

Blue cheese Grilled chicken

Filet Mignon Oysters and mussels
Italian dishes Strawberry-based desserts

Strawberry or plum-based

desserts

MALBEC:

Manchego cheese Roasted lamb Grilled steak

Tomato-based dishes

SAUIGNON BLANC:

Parmesan

Ham with pineapple

Scallops Lemon cake MASCATO:

Spicy cheese dip

Baked ham Salmon

Pumpkin pie

SPARKLING WINE:

Cream cheese Pork tenderloin

Shrimp Apple pie

Just for Laughs





Four Ways to Avoid Catching -- and Spreading -- the Flu Virus

- 1. Cover up that sneeze and cough to avoid spreading flu germs.
- 2. Scrubbing germy hands is one of the top tips for preventing spread of the flu.
- 3. Rubbing your eyes, nose, or mouth is a sure-fire way to get the flu.
- 4. When you're in good health, your immune system is stronger. So keep yourself in top health this flu season -- and throughout next year! Also, get your flu shot.