

# FOX TALES

1407 MIDDLE ROAD • CALVERTON, NEW YORK 11933

A NEWSLETTER BY THE HOMEOWNER'S ASSOCIATION  
FOR THE RESIDENTS OF FOXWOOD VILLAGE

## October—November 2016



## FOXWOOD VILLAGE HOMEOWNERS ASSOCIATION

### 2016 Elected Officers & Executive Board

The Executive Board shall consist of the elected officers and the immediate past president

#### EXECUTIVE BOARD

President	<a href="mailto:kevinjfinnegan@optonline.net">kevinjfinnegan@optonline.net</a>	Kevin Finnegan	# 224
Vice President	<a href="mailto:dcnbill@optonline.net">dcnbill@optonline.net</a>	Bill Austin	# 74
Treasurer	<a href="mailto:driverny@aol.com">driverny@aol.com</a>	Joe Graham	# 215
Recording Secretary	<a href="mailto:jd.jd@juno.com">jd.jd@juno.com</a>	June Dolson	# 251
Corresponding	<a href="mailto:mangiapane@aol.com">mangiapane@aol.com</a>	Jenny Mangiapane	# 148
Past President	<a href="mailto:stenreader@aol.com">stenreader@aol.com</a>	MaryLee Feldman	# 45

#### COMMITTEES

Recreation Committee	<b>Contact:</b> Diane Capobianco # 94 <b>Flyer and Art Work Design:</b> Pete Mosia <b>Members:</b> Janet Bennardo, Bill Heiberger, Mikey Coppola, Diane & Dominick Capobianco, MaryLee Feldman, Cathy & Jim Hannon		
Auditor		John Monahan Jim Windsor	# 246 # 261
Clubhouse Rental		Angie Van Riper Artie Van Riper Natalie Chinsky	# 9 # 114 # 130
Community Affairs			<b>POSITION OPEN</b>
Flag Display		Jim Hannon	# 75
FOX TALES	<b>Editor</b> <a href="mailto:editor4foxtales@gmail.com">editor4foxtales@gmail.com</a> <b>Advertising Manager</b> <a href="mailto:editor4foxtales@hotmail.com">editor4foxtales@hotmail.com</a> <b>Distribution Manager</b> <b>Proof Readers:</b> MaryLee Feldman, Margaret Fortunato, Mary Lazoryk	Bill Austin Carolee Olsen June Dolson	# 74 # 267 # 251
Library Committee		Joy Tyler Diane Capobianco	# 143 # 94
Photographers			<b>POSITION OPEN</b>
Senior Services		Sandy Kaczynski	# 123
Telephone Networking		Barbara Ross Mary Lazoryk	# 21 # 202
Trip Coordinator		Cathy Hannon	# 75
Webmaster	<a href="mailto:webmasterfvhoa@optimum.net">webmasterfvhoa@optimum.net</a>	Paul Spina	# 112
Welcoming Committee		Joy Tyler Diane Capobianco	# 143 # 94

#### ACTIVITIES

Arts & Crafts		Emma Pughielli	# 46
Bingo		Tom Van Riper Angie Van Riper	# 9
Bocce		Carlo Pecoraro	# 210
Book Club		Diane Capobianco Merry Ritter	# 94 #2
Bowling		Joan Dowdle	# 91
Christmas Giving Tree		Eileen Pastern	# 51
Genealogy		Carol Proven	#20
Golf		Jerry Dolson	# 251
Health Needs		Fred Jann	# 268
Line Dancing		Joan Dowdle	# 91

## FROM THE PRESIDENT

Hello Fellow Homeowners,

It is hard to believe that summer is already over. It seems like just yesterday that we were complaining about the cool spring weather, waiting for summer to begin. Overall I think that we should be thankful for the excellent summer weather (except for a few 90 degree days) which gave everyone a lot of pool time.

Golf season is still going strong, every Tuesday afternoon as long as the weather holds out. I want to thank Jerry Dolson and his wife June for the weekly coordination of the foursomes.

Bocce season ended on a high note with first place being determined on the last night. The weekly work of Carlo Pecoraro, Mike Moylan, Denis Joyce and Jim Hannon allowed us all to enjoy the Tuesday nights we played. A special thanks to Angela Pecoraro for keeping the weekly standings. Without her we would have not known who was winning.

Thank you to Janet and Bob Edwards for another successful Yard Sale two weeks ago.

I would like to thank the Recreation Committee for the excellent Independence and Labor Day parties. In addition to coordinating a successful Ice Cream Social, San Gennaro pot luck dinner and Ladies Tea.

I would like to remind everyone to drive defensively; always assume the other driver has the right of way. Approach each intersection slowly and look for oncoming traffic.

Remember that if anyone has any issues, problems or suggestions, don't hesitate to contact me or any other member of the Board.

Sincerely,

Kevin Finnegan, HOA President

PS We are still looking for additional members for the Recreation Committee as well as a community Photographer. If anyone is interested please call me.

## FROM THE EDITOR

The warm, dry summer has ended. While seeing it pass so quickly is sad we have the beautiful colors and crisp air of fall to look forward to.

As you will see in this issue, Foxwood Village had a great summer. Several activities were arranged by our Recreation Committee who did their usual great job. From the pictures of these events it is apparent that everyone had a wonderful time.

Speaking of pictures, the photos included in this issue were taken by attendees at each event, who did a fabulous job capturing the fun. We still could use a Foxwood Village photographer or photographers to make sure that all our good times get recorded for posterity — or at least the enjoyment of the whole community. If anyone can step up to take on this mission please contact Kevin Finnegan or any member of the board.

Several people have commented that they enjoyed the last issue of Fox Tales. I appreciate the positive feed-back and I'm glad the newsletter is appreciated. I want to encourage everyone to provide their comments and opinions regarding Fox Tales. I know that there must be ways of making Fox Tales better and more meaningful for our community, so please don't hesitate to let me know.

This time of year our beautiful North Fork is set upon by swarms of pumpkin hunters. Just be careful when you venture outside of the village — all those pumpkins lying on the fields tend to be too much of a distraction for the visiting hunters as they navigate through our area!

I hope everyone has an opportunity to enjoy the fall and the upcoming holidays.

Happy Thanksgiving.

Bill Austin, Editor

## **RECREATION REPORT FOR OCTOBER, 2016**

**\*\* Please take note: Because we have a deadline to get our report in to Foxtales on or before the 21<sup>st</sup> of the month, Any event occurring after that will be discussed in the next issue.**

### **Ice Cream Social August 15, 2016.**

For our first ever ice cream social, I think it was a great success. The waffle cups were a huge hit, as were all the toppings and whipped cream available to create a truly gastronomical delight. I can't wait for next year!

### **September 5<sup>th</sup> Labor Day 2016**

Although Hermine never quite arrived in Foxwood, it was decided to hold our party inside this year. I was a bit disappointed at first, but it turned out very well. The food, from all accounts, was absolutely wonderful. LaKoma deli did their usual best. There was a grilled chicken sandwich with mozzarella and roasted peppers, roast beef with provolone, and grilled eggplant w/vegetables. There was also a lovely green salad, pasta salad, coleslaw, and an olive and pickle platter, and all this folks for just \$10.00. Thank you Kevin and the HOA board for subsidizing us. No one could have asked for a better deal; eat, drink, and be merry! It was a great afternoon.

### **September 19<sup>th</sup> St. Gennaro**

Yummy, yummy, yummy, lots of good stuff in my tummy!

This event is always a favorite because of the work and care that goes into each dish by the ladies (and sometimes men) who cooked their specialty for our community. I am certain that Le Cordon Bleu in Paris would be equally impressed with some of the dishes prepared. Aside from graciously prepared salads of all kinds, there were trays of Italian specialties that left you wanting just another bite. Dessert was equally exciting between Paul Spina's Zepoli's and fried Oreos, to Tom Capolla's cheesecake. And to our portatore' di statua designed and built by Tom Capolla that was carried around the room, that endeavor collected \$205.00 for St. Jude's Kids. Everyone was most generous and we thank you again.

And a very special thank you for our volunteers who gave their time and energy in helping set up. I have worked with the recreation group for a number of years, and although we may have differed over ideas from time to time, our objective has always been to put on the best event we knew how, and I know we have met that challenge time and time again. With that said, I ask if you haven't already, please consider joining us. We need the help. You don't need to commit to us, just be volunteers, willing to help whenever we need help. If you have ANY questions, call anyone of us and we will answer you.

Thank you and I hope to see you soon!

MaryLee Feldman

Recreation committee



Husband: "Oh the weather is lovely today. Shall we go out for a quick jog?"  
Wife: "Hahaha, I love the way you pronounce 'Shall we go out for cake'!"



# Community Related Announcements

## THIRD ANNUAL HOLIDAY COOKIE EXCHANGE

Hard to believe that we need to start to think about the holidays however, they will be here before we know it. Look for the sign-up sheet in the clubhouse by November 1st and flyers by your mailboxes. Please sign up by Thanksgiving eve.

Exchange date: December 16 or 19, 2016 depending on participants' consensus.

This is a great activity to do with the grandkids & scrumptious homemade cookies for your guests.

Looking forward to another great Cookie Exchange.

Katie Hand-Briceno Unit 5

## *Christmas Is Coming*

It seems early to make plans for Christmas, but it is not that far away.

Our gift tree will be up before the Christmas Social. All gifts and food items must be returned by Dec 11. The gift must be wrapped and must have the original tag attached to it.

We are very grateful to anyone who would like to donate non-perishable food instead of gifts. All gifts and food can be placed in the boxes near the tree. They will be sorted and picked up by the church on Dec. 13.

As Always, thank you all for your generosity.

Eileen Pastern, Unit 51

## **DATES TO REMEMBER**

Oct.15-22- Cruise to Canada	Oct. 25-HOA Meeting
Nov.16-17- Trip to Atlantic City	Nov 22-HOA Meeting
Nov.30- Hunterdon Playhouse	Jan 24-HOA Meeting (No meeting in Dec)

## **Foxwood Genealogy Club** **October 5, 2016, 2:00 pm**

Our Genealogy Club meeting is usually the 2nd Wednesday of the month. For OCTOBER ONLY, the meeting will be held on October 5, the first Wednesday of the month. As this will be a power point presentation, please sign up prior to meeting if possible, in order that seating can be arranged.

Thank you.

Carol Proven -  
startalegacy@aol.com or 631-475-5026

The topic is "Getting Started In Genealogy".

It will include:

- Why Research Your Roots?
- What Are Some Skills for Researching?
- Where Do I begin?
- What Records Are Available?

## **MAHJONG**

Players needed! Please join our Mahjong group on Thursdays at 1:00 in the clubhouse. Beginners welcome

## **BOOK CLUB**

Hi Everyone, here is a new list of the books we will be reading in our Book Club, if you can't join us (all are welcome) then some of these might interest you:

**The Heart of the Matter**  
by Graham Greene

**John Adams** by David Mc Cullough

**Big Little Lies** by Liane Moriarty

**A Reliable Wife** by Robert Goolrick

**A Man Called Ove** by Fredrik Backman

Happy Reading Everyone — Curl up with a good book!

Diane Capobianco  
Merry Ritter



## **MODEL RAILROAD CLUB**

If you have any interest in model railroading as a hobby come to a meeting on October 13 at 2 PM in the clubhouse. No experience required. For more info contact Bill Austin unit #74 (dcbill@optonline.net 631-669-4508)

## **Keeping It Safe**



Just a reminder that the area speed limit is 15 MPH. Also, the unique layout of the roads in Foxwood Village requires a bit more attention as we drive around than more conventional grid arrangements. Please take care at intersections and especially when entering and exiting by the main gate. Remember, even a minor fender-bender could result in a very expensive repair and potentially serious injury.



# HAPPY BIRTHDAY!

# HAPPY ANNIVERSARY!

## OCTOBER

SPINA, Paul	1
GUILFOYLE, John	2
DODDATO, Cecile	4
HAMILTON, Marilyn	4
CORNETTA, Maureen	5
RUT, Joan	11
MOYLAN, Mike	16
DUNLEAVY, Marie	17
FELDMAN, Marylee	18
HALL, Bob	19
SPATES, James	20
FORTUNATO, Bill	22
POWERS, Betty	26
ZOLNOWSKI, Phyllis	26
PASCA, Rany	29
SHIRLOW, Terry	29
SPANO, Marie	29
HANNON, James	30
HOMAN, Peggy	30
PROVEN, Dennis	30
BECKER, Rebecca	31

## NOVEMBER

COLLINS, Veronica	1
MOSIA, Peter	2
BURRELL, Carmine	4
CASEY, Kay	4
FARINHA, Edwina	4
DeGROTTOLE, Anna	5
ASCERNO, Laraine	5
VAN RIPER, Angie	5
GREFE, Anna	11
DaSILVA, Cricket	15
SCHMITT, Christine	15
WINDSOR, Rosary	15
KACZYNSKI, Sandy	17
PECORARO, Angela	19
O'SHEA, Joseph	20
GREEN, Sharon	26
TORCIVIA, Christine	28
GRAHAM, Joe	29

## OCTOBER

DUNLEAVY Marie & John	3
BOSWELL Karen & Bob	4
O'SHEA Joan & Joseph	8
HURSTER Dolores & Bill	11
CATALANO Yolanda & Mike	16
DAUITO Michelina & Joseph	20
CAPOBIANCO Diane & Dominick	21
MERJAVE Brenda & Bob	21
HAUER Kathleen & Joseph	24
FALLON Janise & John	25
STANIS Mary & Steve	28
DeGROTTOLE Anna & Nicholas	29
LODDING Robert & Augusta	29
FORTUNATO Margaret & Bill	31

## NOVEMBER

ENGELS Judy & Don	14
MOYLAN Eileen & Mike	17
JOYCE Denis & Kate	20
CHASE Flo & Joe	22

## DECEMBER

ANDREOTTA, Marta	1	DAUITO, Joseph	6
SIANO, Blanche	1	JOYCE, Denis	6
BOSWELL, Karen	3	PRAGER, Herman	6
DODDATO, James	4	VIGNELIS, Gail	7

## DECEMBER

FARINHA Edwina & Victor	1
MOLLOY Mady & James	7

Only the 1<sup>st</sup> week of Birthdays & Anniversaries for December are listed in this issue. The full lists will be in the next issue of the Fox Tales. If there are any changes, misspelled or wrong information, please inform the editor so appropriate adjustments can be made. If a member has since passed away and their name is on the list, please let us know and say a prayer for them.

Thank You !

\*\*\* If you are a new resident of Foxwood Village, please send an email with your birthday & anniversary information to editor4foxtales@gmail.com

### You Know your Old when:

- You and your teeth don't sleep together.
- People call at 9 p.m. and ask, "Did I wake you?"
- You begin every other sentence with, "Nowadays..."
- Things you buy now won't wear out.
- There's nothing left to learn the hard way.
- When happy hour is a nap.

# Remembering our Neighbors in Foxwood Village

From Jenny Mangiapane #148

## GET WELL CARDS WERE SENT TO:

Terri Giambruno, Unit 271.

## THANK YOU NOTES RECEIVED FROM

Judy Engels #242

Irene & John Monahan # 246

Jane Stolarski & Family #206

John & Janise Fallon #99

Catherine Hannon #75

Janet Bennardo #255



## We Got Cards & Letters



To my loyal and lovely water aerobic ladies:

Well it's been a wonderful summer, lots of sun and warm water! We had only one rain out this year. I am happy to report that our group has increased in size this year to 25 people on some days!!

In addition I want to take this moment to thank you all for the great luncheon. Once again the food was delicious and bountiful! Your most generous gift, beautiful bowl and loyal friendship is deeply appreciated and I thank you from the bottom. of my heart!

Now I expect to see all of you inside to continue with our exercise throughout the winter months. As usual we will meet on Monday, Wednesday and Friday at 10:30. All newcomers are also welcome to join us. All you need is a small set of hand weights and some motivation!

See you there!

Judy Engels

To the wonderful and loving people of Foxwood Village. I can't begin to thank you all for the love and caring you had shown to me and my family during the Wake for Cass. I was overwhelmed at how many of my Foxwood friends honored us by coming to visit and console family and myself. I am truly blessed in knowing so many of you and in living here. Love to each and every one of you.

Jane Stolarski & Family

Dear H.O.A.

Thank you for the card and well wishes.

Catherine Hannon.

Hip, hip hurray!

Another great Labor Day. Thanks to the hard work of Dominick, Diane and the Recreation Committee. We want you to know that we appreciate all that you do, the food, the decorations, the games, the planning, setting up, clearing up and most of all your time. So, thank you again for a wonderful, fun day.

John & Janise Fallon

Dear Bocce Committee,

Thank you for a lovely and fun dinner. And thank you to my team mates for getting us into 1st place.

Betty Powers Unit 42

To The Foxwood Recreation Committee:

Again, we thank all the members of our Recreation Committee, especially

MaryLee at this time, for a very special Labor Day Party. While we were waiting for the arrival of the "Big Storm" to hit our area, we were enjoying a great day in Foxwood's Clubhouse.

We especially enjoyed the great sandwiches, chicken wings, salads, watermelon, ice cream etc. etc.

We had a fun time playing a trivia game with Diane and Dominick.

We all appreciate your dedication and hard work as always.

Irene and John Monahan

I would like to send a big thank you to Carlo & Angela Pecoraro for all their hard work in organizing & running bocce this year, You did a wonderful job and your efforts are appreciated. Also, thanks to Joe Spano for keeping the courts painted & looking good.

Thanks again,

Janet Bennardo

# More Cards & Letters

Passed along from Judy Lanning




Thank you so very much for your generous donation of clothing valued at \$200. The homeless adults we work with are in constant need of these items! The many guests that utilize our winter shelter program and year-round day center are most appreciative of the opportunity to acquire something new or something to keep them warm. If you aren't completely aware of the services provided through the Maureen's Haven Program, I offer the following information:

- The core service is our Winter Shelter Program. Beginning November 1 and running through March 31 each year, we offer up to 50 homeless adults overnight shelter, food and support in partnership with the faith community that act as shelter locations on a weekly, bi-weekly or monthly basis. All of the houses of worship provide dinner, breakfast, sleeping accommodations, bagged lunch and clothing free of charge to the guests and to Peconic Community Council. During the 2014-15 season, we provided shelter to 315 individuals at least one time, with an average census of 47 adults per night.
- Our year-round Day Center provides respite during the day, food, case management, counseling and a variety of services to assist our guests with day to day living and future plans.

The key to all of our services is support from our surrounding community. We are blessed with over 1,500 dedicated and active volunteers that staff the evening shelters and provide services at the day center. Those that cannot serve in these capacities, donate goods and services as well as other resources to support our mission. We count you among the many that make our work possible and bring a small amount of pleasure to an otherwise dreary life.

Thank you once again for thinking of us!

With gratitude,

  
Maryann E. Gensler, MSW  
Interim Executive Director

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#### Board of Directors



Emelia T. Komowski, Chair, Michael Spolarch, Treasurer, Philip G. Grossman, Secretary  
Russell Blue, Noelle Bass, Ellen Cea, Susan Cutrone  
Maria Moore, Esq., Dwayne S. Wagner, Esq.  
Kay Kibbe, Emeritus

Peconic Community Council, Inc. is a tax-exempt, 501(c) agency. Federal Tax ID#: 11-3392151



## Keeping Kitchen Staples Fresher Longer

Moving your olive oil, vinegar, and spices off the kitchen counter is only the first step. Here's how to prolong the life of essential kitchen ingredients. By CHARLES KELSEY

Few things last forever — including some of the pantry staples you might think are fine to squirrel away for years. And even if you do observe expiration and sell-by dates, we've found they can't always be trusted. Here's how to preserve the freshness of pantry items — and how to know when it's time to restock.

### SPICES & DRIED HERBS

#### ► Shelf Life

**Whole Spices:** Two years

**Ground Spices and Dried Herbs:** One year

► **Do** buy spices whole, versus ground, whenever possible and grind them just before using. Grinding releases the volatile compounds that give a spice its flavor and aroma. The longer the spice sits around (or is stored), the more compounds disappear.



► **Don't** store spices and herbs on the counter close to the stove. Heat, light, and moisture shorten their shelf life.

#### CHECKING FOR FRESHNESS:

Crumble a small amount of the dried herb between your fingers and take a whiff. If it releases a lively aroma, it's still good to go. If the aroma and color of a spice have faded, it's time to restock.

#### Other Oils

Here's a quick guide to storing open bottles of oil in your kitchen. For optimal flavor, replace these oils six months after opening.

STORE IN PANTRY	STORE IN FRIDGE
Canola	Sesame
Corn	Walnut
Peanut	
Vegetable	

### VINEGARS

► **Shelf Life:** Long Lasting

► **Don't** toss old vinegar. Most vinegars contain about 5 percent acetic acid, which (along with pasteurization) prevents the growth of harmful bacteria and will last indefinitely.



► **Do** ignore any sediment in your vinegar. The sediment is a harmless cellulose that our testing has shown doesn't affect taste; it can be easily strained out.

### OLIVE OIL

► **Shelf Life:**

**Unopened:** One year

**Open:** Three months

► **Do** check the harvest date printed on the label of high-end oils to ensure the freshest bottle possible. (Some labels cite an expiration date, which producers typically calculate as 18 months from harvesting.



We think unopened olive oil can go rancid one year after the harvest date.)

► **Do** move olive oil from the countertop or windowsill to a dark pantry or cupboard. Strong sunlight will oxidize the chlorophyll in the oil, producing stale, harsh flavors.

► **Don't** buy olive oil in bulk. Once opened, it has a very short shelf life.

#### CHECKING FOR FRESHNESS

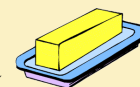
Heat a little olive oil in a skillet. If it smells rancid, throw out the bottle. (This test works for all vegetable oils.)

### Beyond the Pantry

While not pantry staples per se, eggs and butter are essential to everyday cooking.

#### BUTTER

► Butter can pick up off-flavors if kept in the refrigerator for longer than a month. If you don't use a lot, store butter in the freezer for up to four months in a zipper-lock bag and thaw sticks as needed.



#### EGGS

► **Never** put eggs in the egg tray on the refrigerator door, which is too warm. Keep them in the carton which holds in moisture and protects against odor absorption.



#### CHECKING FOR FRESHNESS

Legally, eggs may already be up to two months old by the end of the "sell by" date, so it's best to check for freshness yourself. If an egg has an unpleasant odor, discard it. Store eggs in the refrigerator for three to five weeks.

### SOY SAUCE

► **Shelf Life:** One year

► **Do** store pasteurized soy sauce (the most common type) in the pantry and save room in the fridge for items that are more perishable.



► **Don't** store unpasteurized soy sauce in the pantry; put it in the fridge. Though the high levels of salt, sugar, and acid in this fermented soybean liquid protect against rapid spoilage, in tests we found it took on a fishy flavor after a few months in the cupboard.

### FYI

**Handling Chile Hot Peppers:** Chile peppers contain oils that can irritate your skin and eyes. Wear plastic or rubber gloves when working with them. If your bare hands do touch the peppers, wash your hands and nails well with soap and water.

**How To Clean Your Cast Iron Skillet:** Hand wash with mild soap and water. Avoid strong detergents and meal scouring pads. Dry immediately; do not air dry. Season pan by rubbing with light coat of vegetable oil after use. Use enough oil to restore sheen without making the pan feel sticky.

## SWEETENERS

### ► Shelf Life:

**Granulated Sugar, Honey and Molasses:** Long Lasting

**Maple Syrup:** Two years unopened, one year open



► **Do** store granulated sugar in an airtight container to protect it from heat, moisture, and critters.

► **Do** keep molasses and honey in the pantry (in the fridge, molasses temporarily turns into a thick, unpourable sludge, and honey crystallizes).

► **Do** store unopened maple syrup in the pantry, but move the opened syrup to the refrigerator. Because of its high moisture level and lack of preservatives, maple syrup is susceptible to the growth of yeast, mold, and bacteria.

## REVIVING CRYSTALLIZED HONEY

To remove the crystals, open a glass honey jar, put it in a saucepan filled with 1 inch of water, and heat until it reaches 160 degrees.

## SOFTENING BROWN SUGAR

When brown sugar comes into contact with air, the moisture in the sugar evaporates, and the sugar turns rock hard. Here are two easy methods to soften it.



**Quick Fix:** Place the hardened brown sugar in a bowl with a slice of sandwich bread. Cover and microwave for 10 to 20 seconds.

**Ongoing Remedy:** Store brown sugar in a sealed container with a terra cotta Brown Sugar Bear, which gets a brief soak in water before being added to the sugar.

### Chill Out

These items stay fresher in the freezer:

- Bay leaves
- Flours with heavy germ content (such as whole wheat) and cornmeal
- Nuts and seeds
- Yeast



## LEAVENERS

### ► Shelf Life:

**Baking Powder and Baking Soda:** Six months

**Instant or Active Dry Yeast:** Four months (in

freezer)



► **Do** replace baking powder and soda regularly. Despite most manufacturer claims of a shelf life of one year, our tests have proven they lose potency far sooner (see below).

► **Don't** keep yeast in the pantry — put it in the freezer to slow deterioration. And because yeast is a living organism, the expiration date on the package should be observed.

## WHEN BAKING POWDER LOSES PUNCH

Over time, baking powder (comprised of baking soda, acid salt, and cornstarch) loses its ability to produce carbon dioxide and give baked goods their lift — sooner than many producers claim. We compared biscuits made with a newly opened can of baking powder with biscuits made with cans opened and stored for one month all the way up to a year. The rise of the biscuits began to decrease with the six-month-old powder and continued to decline to half the height of fresh at the 10-month-old mark. For best results, replace your baking powder (and soda) every six months.



## FLOUR

### ► Shelf Life:

**All-Purpose Flour:** One year

**Whole-Wheat Flour and**

**Cornmeal:** One year (in freezer)



► **Do** transfer all-purpose flour out of its paper bag and into an airtight container to protect it from humidity.

► **Don't** leave whole-wheat flour or cornmeal in the pantry, they contain natural oils that will go rancid in as little as three months.

► **Do** enclose whole-wheat flour and cornmeal in zipper-lock bags and store them in the freezer.

## Dry Storage Containers

Airtight containers keep moisture at bay and make scooping and measuring easier. Our preferred storage choice for flour and sugar is a container that easily accommodates an entire 5-pound bag, with an opening wide enough to dip in a measuring cup and level off the excess right back into the container. Our favorite, the Rubbermaid 4-Quart Carb X Commercial Food Storage Container, stands out because of the measurement marks along the sides, its sturdy handles and its clear plastic for visibility.

## CHOCOLATE

### ► Shelf Life:

**Unsweetened and Dark Chocolate:** Two years

**Milk and White Chocolate:** Six months



► **Do** wrap open bars of chocolate tightly in plastic and store in a cool pantry to ensure optimum freshness. If chocolate is exposed to rapid changes in humidity or temperature, sugar or fat may soften and migrate, discoloring the surface. This cosmetic condition, called bloom, doesn't affect the flavor of the chocolate.

► **Don't** store chocolate in the refrigerator or freezer, as cocoa butter easily absorbs off-flavors from other foods and changes its crystal structure.

► **Do** keep in mind that the milk solids in milk and white chocolate give them a shorter shelf life than unsweetened and dark chocolate.



## VANILLA

### ► Shelf Life: Long-lasting

► **Do** keep vanilla in a tightly sealed container away from light and heat.

► **Don't** get rid of old vanilla. Vanilla's high alcohol content makes it extremely shelf-stable. In tests, we've found that even 10-year-old vanilla is indistinguishable from fresh.



## FYI *continued*

**SHOP SMART, SAVE MONEY:** Bargain hunt. Swap in ingredients if you find a sale. If pot roast is full price and chicken is a steal, looks like it's chicken taco night!

**Go long.** If you find a great meat bargain, buy extra, prepare a big batch, and freeze the surplus for later.

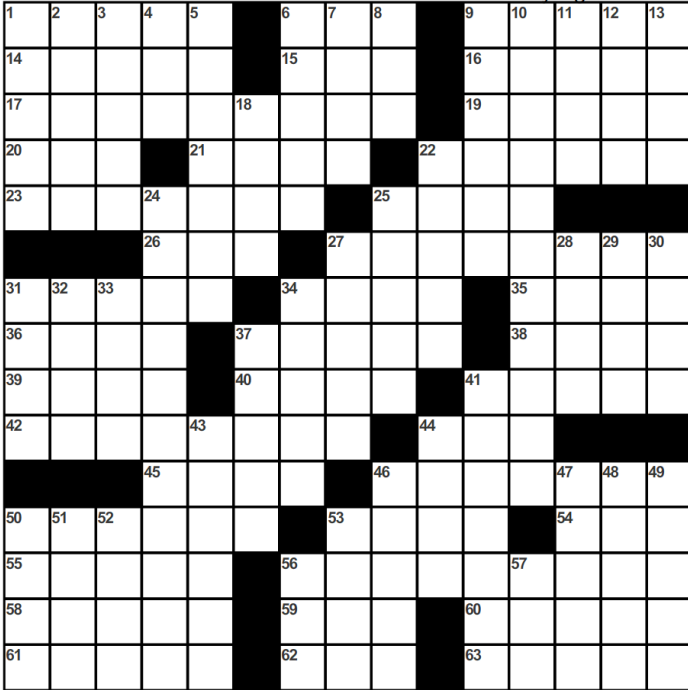


# Fun Stuff for the Brain

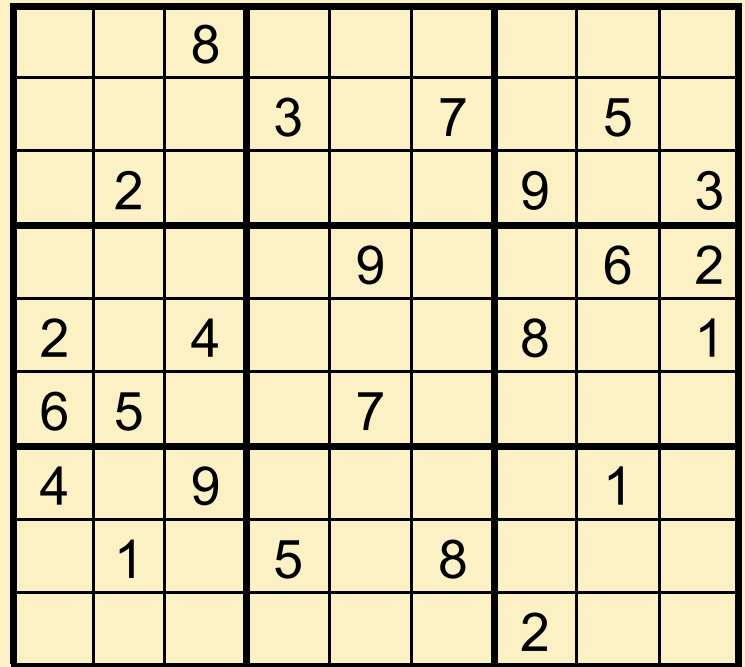


## BAR HOP

By Agnes Brown



## SUDOKU



### ACROSS

- 1) Delivers a defeat in chess
- 6) Way to preserve
- 9) Place for old hits
- 14) Grammatically correspond
- 15) Half and half
- 16) Pronounce
- 17) Against
- 19) Luxury auto, for short
- 20) Have existence
- 21) Use a keyboard
- 22) "Calm down!"
- 23) Emulates a canary
- 25) Nobleman
- 26) Ending for "musket"
- 27) In dire need of funds
- 31) Increased, as prices
- 34) Be sore
- 35) Part of the Corn Belt
- 36) Crystal-ball consulter
- 37) Cards for 36-Across
- 38) Made a right turn, on a horse
- 39) Typical Kuwaiti
- 40) "Eros" anagram
- 41) Rocket type
- 42) Central airplane portion
- 44) Zodiac carnivore
- 45) Scottish lake
- 46) Big wheel in business
- 50) Make a bust?
- 53) Legalese for "unless"
- 54) Obtain
- 55) Radium discoverer Marie
- 56) New Hampshire college
- 58) Author Horatio
- 59) "To the max" indicator
- 60) Exceptionless
- 61) "God \_\_\_ America"
- 62) Grunt from Scrooge
- 63) Kind of passage

### DOWN

- 1) Amazon parrot
- 2) Greek marketplace
- 3) More faithful
- 4) Hallow conclusion?
- 5) Established, as a land
- 6) Marine \_\_\_
- 7) Payment for a poker hand
- 8) "The Matrix" lead role
- 9) \_\_\_ borealis
- 10) Police informant
- 11) "\_\_\_ do you good"
- 12) Cold cuts emporium
- 13) Once, once
- 18) One enjoying the sights
- 22) Inverted "v" mark
- 24) Some overhangs
- 25) Culture's belief system
- 27) Loose rock debris
- 28) Writer of verse
- 29) Ornamental jug
- 30) Groove for a carpenter
- 31) Military branch up high, briefly
- 32) Andean land
- 33) Things in a pod
- 34) Pirate's sound of frustration
- 37) "That's no way \_\_\_!" (response to misconduct)
- 41) Course of physical training
- 43) Horses running leisurely
- 44) "\_\_\_ Exit to Brooklyn"
- 46) Joviality
- 47) Flulike symptoms
- 48) "Four" at the fore
- 49) Alcohol type
- 50) Nature's cut cover
- 51) Select from a group
- 52) Give a push to
- 53) Acronym on space shuttles
- 56) Cotillion star, informally
- 57) Eggs for Caesar

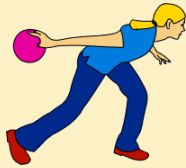
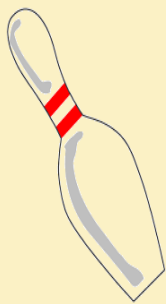
Solutions can be found on This and That page

### DID YOU KNOW?

We live in one of the most beautiful parts of Long Island. But do you know how many wineries and tasting rooms there are on the North Fork? According to [www.newyorkwines.org](http://www.newyorkwines.org) there are 60 that run alphabetically from Ackerly Pond Vineyards in Peconic to Woodside Orchards in Jamesport. The area specializes in Merlot, Chardonnay, Cabernet Sauvignon and Red Blends. So, for those who enjoy a little of the grape there are many opportunities to sample the local vino. Enjoy.



# Fun and Games



## BOWLING



Come join your neighbors and have some fun on Mondays at 1 PM at All Star Lanes on Rt. 58. Everyone is welcome. No experience necessary. For more information contact Joan Dowdle #91.

EVERY WEDNESDAY AT 7:00 PM IN THE CLUBHOUSE



14 REGULAR GAMES  
1 SPECIAL  
"PICK YOUR OWN NUMBERS"  
(PRIZE HAS BEEN AS HIGH AS \$110.00 FOR THIS ONE GAME!)  
3 JACKPOT GAMES  
FIFTY/FIFTY & HOUSE # DRAWING  
MORE THAN \$300.00 IN PRIZE MONEY

## BOCCE

Final Standings:  
Team 12 first place  
Team 11 second place  
Team 1 Third Place



### The 2016 Bocce Dinner Party



# This and That

## Foxwood Village Yard Sale



I CALLED THE INCONTINENCE HOTLINE...



The first senior moment.

## The Parkway Is a Driveway

“Why do we park in a driveway and drive on parkway?”, the old joke goes. But on part of the Southern State Parkway, what drivers pass was once a driveway. Ever wonder why there are parallel rows of tall pine trees with nothing between them in the parkway median just west of Belmont Lake State Park in West Babylon? The area used to be a tree-lined driveway to the Belmont family’s historic mansion before the parkway was built by Robert Moses in 1925.

### BAR HOP

By Agnes Brown

1	M	A	T	E	S	6	C	A	N	9	A	S	11	12	13	
14	A	G	R	E	E	15	O	N	E	16	U	T	T	E	R	
17	C	O	U	N	T	E	R	T	O	19	R	O	L	L	S	
20	A	R	E	21	T	Y	P	E	22	C	O	O	L	I	T	
23	W	A	R	B	L	E	S	25	E	A	R	L				
				26	E	E	R	27	S	T	R	A	P	P	E	D
31	U	P	P	E	D	34	A	C	H	E	35	I	O	W	A	
36	S	E	E	R	37	T	A	R	O	T	38	G	E	E	D	
39	A	R	A	B	40	O	R	E	S	41	R	E	T	R	O	
42	F	U	S	E	43	L	A	G	E	44	L	E	O			
				45	L	O	C	H	46	M	A	G	N	A	T	E
50	S	C	U	L	P	T	53	N	I	S	I	54	G	E	T	
55	C	U	R	I	E	56	D	A	R	T	M	O	U	T	H	
58	A	L	G	E	R	59	E	S	T	60	E	V	E	R	Y	
61	B	L	E	S	S	62	B	A	H	63	N	A	S	A	L	

1	3	8	9	5	4	6	2	7
9	4	6	3	2	7	1	5	8
5	2	7	1	8	6	9	4	3
8	7	3	4	9	1	5	6	2
2	9	4	6	3	5	8	7	1
6	5	1	8	7	2	4	3	9
4	8	9	2	6	3	7	1	5
7	1	2	5	4	8	3	9	6
3	6	5	7	1	9	2	8	4

# More This and More That



**According to Irish legend, Jack O'Lanterns are named after a stingy man named Jack who, because he tricked the devil several times, was forbidden entrance into both heaven and hell. He was condemned to wander the Earth, waving his lantern to lead people away from their paths.**



The Taylor's were proud of their family tradition. Their ancestors had travelled to America with the Pilgrim Fathers on the Mayflower. They had included Congressmen, successful entrepreneurs, famous sports people and television stars.

They decided to research and write a family history, something for their children and grandchildren. They found a specialist genealogist and writer to help them. Only one problem arose - how to handle Great Uncle Jefferson Taylor who was executed in the electric chair.

The writer said she could handle the story tactfully. When the book appeared the section about Jefferson read:



*Great Uncle Jefferson Taylor occupied a chair of applied electronics at an important government institution, he was attached to his position by the strongest of ties, and his death came as a great shock.*

I strongly encourage you to vote even if it's for the wrong candidate.

someecards



Serenity Garden created by the Galassos along side of their house #232

**Veterans Day** is an official United States public holiday, observed annually on November 11, that honors military veterans, that is, persons who served in the United States Armed Forces. It coincides with other holidays, including Armistice Day and Remembrance Day, celebrated in other countries that mark the anniversary of the end of World War I; major hostilities of World War I were formally ended at the 11th hour of the 11th day of the 11th month of 1918, when the Armistice with Germany went into effect. The United States previously observed Armistice Day. The U.S. holiday was renamed Veterans Day in 1954.

Veterans Day is not to be confused with Memorial Day; Veterans Day celebrates the service of all U.S. military veterans, while Memorial Day honors those who *died* while in military service.





# ***Foxwood Village Ice Cream Social***





# ***Foxwood Village Ice Cream Social*** continued



## **A Brief History of the Ice Cream Sundae (from Wikipedia)**



Among the many stories about the invention of the sundae, a frequent theme is that the ice cream sundae was a variation of the popular ice cream soda. According to documentation published by the Evanston Public Library (Illinois), the drinking of soda was outlawed on Sundays in Illinois.

Other origin stories for the sundae focus on the novelty or inventiveness of the treat or the name of the originator, and make no mention of legal pressures.

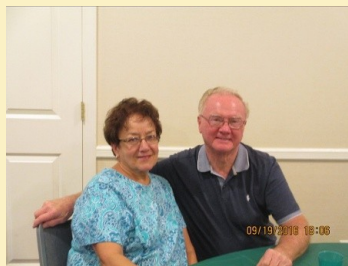
Ice cream sundae soon became the weekend semi-official soda fountain confection in the beginning of 1900s and quickly gained popularity. *The Ice Cream Trade Journal* for 1909 along with plain, or French sundae, listed such exotic varieties as Robin Hood sundae, Cocoa Caramel sundae, Black Hawk sundae, Angel Cake sundae, Cherry Dip sundae, Cinnamon Peak sundae, Opera sundae, Fleur D'Orange sundae, Knickerbocker sundae, Tally-Ho Sundae, Bismarck and George Washington sundaes, to name a few



# Labor Day at Foxwood Village



# *SAN GENNARO FEAST*



The **Feast of San Gennaro**, originally a one-day religious commemoration, arrived in the United States in September 1926 when immigrants from Naples congregated along Mulberry Street in the Little Italy section of Manhattan in New York City, to continue the tradition they had followed in Italy to celebrate Saint Januarius, the Patron Saint of Naples. His feast day is September 19 in the liturgical calendar of the Roman Catholic Church

# MORE SAN GENNARO FEAST



# October 2016

Sun

Mon

Tue

Wed

Thu

Fri

Sat



**Birthstone: Opal**



**1**  
HORSESHOES



**2**

**3**  
**ROSH HASHANA**  
EXERCISE 10:30  
BOWLING 1:00  
CARDS 7:00

**4**  
LINE DANCE 10:00  
CANASTA 1:00  
PENNY POKER 1:00  
ARTS & CRAFTS 1:30  
GOLF 1:30  
CARDS 7:00

**5**  
**CANS GLASS/ PLASTIC**  
EXERCISE 10:30  
GENEALOGY 2:00  
CARDS 7:00  
BINGO 7:00

**6**  
LINE DANCE 10:00  
MAHJONG 1:00  
TEXAS HOLDEM 7:00

**7**  
EXERCISE 10:30  
BUNCO 1:00  
POKER 7:00

**8**  
HORSESHOES



**9**

**10**  
**COLUMBUS DAY**  
EXERCISE 10:30  
BOWLING 1:00  
CARDS 7:00  
REC COM 7:00

**11**  
LINE DANCE 10:00  
CANASTA 1:00  
PENNY POKER 1:00  
GOLF 1:30  
CARDS 7:00  
BUNCO 7:00

**12**  
**PAPERS**  
EXERCISE 10:30  
CARDS 7:00  
BINGO 7:00  
**YOM KIPPUR**

**13**  
LINE DANCE 10:00  
MAHJONG 1:00  
TEXAS HOLDEM 7:00

**14**  
EXERCISE 10:30  
POKER 7:00

**15**  
HORSESHOES



**16**

**17**  
EXERCISE 10:30  
BOWLING 1:00  
CARDS 7:00

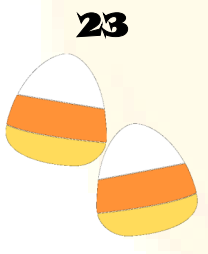
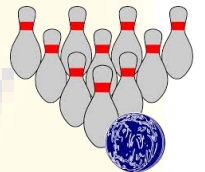
**18**  
LINE DANCE 10:00  
CANASTA 1:00  
PENNY POKER 1:00  
ARTS & CRAFTS 1:30  
GOLF 1:30  
CARDS 7:00

**19**  
**CANS GLASS/ PLASTIC**  
EXERCISE 10:30  
BOOK CLUB 2:00  
CARDS 7:00  
BINGO 7:00

**20**  
LINE DANCE 10:00  
MAHJONG 1:00  
TEXAS HOLDEM 7:00

**21**  
EXERCISE 10:30  
POKER 7:00

**22**  
HORSESHOES



**23**

**24**  
EXERCISE 10:30  
BOWLING 1:00  
CARDS 7:00

**25**  
LINE DANCE 10:00  
CANASTA 1:00  
PENNY POKER 1:00  
GOLF 1:30

**26**  
**PAPERS**  
EXERCISE 10:30  
CARDS 7:00  
BINGO 7:00

**27**  
LINE DANCE 10:00  
MAHJONG 1:00  
TEXAS HOLDEM 7:00

**28**  
EXERCISE 10:30  
POKER 7:00

**29**  
HORSESHOES

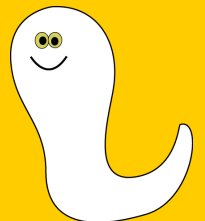


**30**

**31**  
**Happy Halloween**  
EXERCISE 10:30  
BOWLING 1:00  
CARDS 7:00









**Flower: Marigold**





# November 2016



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <p><b>Birthstone: Topaz</b></p>		<p><b>1</b></p> <p>LINE DANCE 10:00 CANASTA 1:00 PENNY POKER 1:00 GOLF 1:30 ARTS &amp; CRAFTS 1:30 CARDS 7:00</p>	<p><b>2</b></p> <p><u>CANS GLASS/ PLASTIC</u> EXERCISE 10:30 CARDS 7:00 BINGO 7:00</p>	<p><b>3</b></p> <p>LINE DANCE 10:00 MAHJONG 1:00 TEXAS HOLDEM 7:00</p>	<p><b>4</b></p> <p>EXERCISE 10:30 POKER 7:00</p>	<p><b>5</b></p> <p><b>HORSESHOES</b></p> 
<p><b>6</b></p> 	<p><b>7</b></p> <p>EXERCISE 10:30 BOWLING 1:00 CARDS 7:00</p>	<p><b>8</b></p> <p><b>ELECTION DAY</b></p>  <p>LINE DANCE 10:00 BUNCO 1:00 PENNY POKER 1:00 GOLF 1:30 CARDS 7:00 CANASTA 7:00</p>	<p><b>9</b></p> <p><u>PAPERS</u> EXERCISE 10:30 GENEALOGY 2:00 CARDS 7:00</p>	<p><b>10</b></p> <p>LINE DANCE 10:00 MAHJONG 1:00 TEXAS HOLDEM 7:00</p>	<p><b>11</b></p>  <p>EXERCISE 10:30 BUNCO 1:00 POKER 7:00</p>	<p><b>12</b></p> <p><b>HORSESHOES</b></p> 
<p><b>13</b></p> 	<p><b>14</b></p> <p>EXERCISE 10:30 BOWLING 1:00 CARDS 7:00 REC COM 7:00</p>	<p><b>15</b></p> <p>LINE DANCE 10:00 CANASTA 1:00 PENNY POKER 1:00 GOLF 1:30 ARTS &amp; CRAFTS 1:30 CARDS 7:00</p>	<p><b>16</b></p> <p><u>CANS GLASS/ PLASTIC</u> EXERCISE 10:30 BOOK CLUB 2:00 CARDS 7:00</p>	<p><b>17</b></p> <p>LINE DANCE 10:00 MAHJONG 1:00 TEXAS HOLDEM 7:00</p>	<p><b>18</b></p> <p>EXERCISE 10:30 POKER 7:00</p>	<p><b>19</b></p> <p><b>HORSESHOES</b></p> 
<p><b>20</b></p> 	<p><b>21</b></p> <p>EXERCISE 10:30 BOWLING 1:00 CARDS 7:00</p>	<p><b>22</b></p> <p>LINE DANCE 10:00 CANASTA 1:00 PENNY POKER 1:00 GOLF 1:30</p>	<p><b>23</b></p> <p><u>PAPERS</u> EXERCISE 10:30 CARDS 7:00</p>	<p><b>24</b></p> 	<p><b>25</b></p> <p>EXERCISE 10:30 POKER 7:00</p>	<p><b>26</b></p> <p><b>HORSESHOES</b></p> 
<p><b>27</b></p> <p><b>ADVENT BEGINS</b></p> 	<p><b>28</b></p> <p>EXERCISE 10:30 BOWLING 1:00 CARDS 7:00</p>	<p><b>29</b></p> <p>LINE DANCE 10:00 CANASTA 1:00 PENNY POKER 1:00 GOLF 1:30 ARTS &amp; CRAFTS 1:30 CARDS 7:00</p>	<p><b>30</b></p> <p><u>CANS GLASS/ PLASTIC</u> EXERCISE 10:30 CARDS 7:00 BINGO 7:00</p>	<p><b>Flower: Chrysanthemums</b></p> 